

TfL Curriculum Outline 2023-2024: unit 1 & 2 (Term 1)

Throughout this year, through TfL lessons and the SPARK tutor programme, students will continue to develop their knowledge, awareness and understanding of issues around health and wellbeing; relationships and sex education; living in the wider world; Citizenship; British Values; and extremism and radicalisation.

	YEAR 7	YEAR 8	YEAR 9	YEAR 10	Year 11
Health and Wellbeing	<p>How to identify and articulate a range of emotions accurately and sensitively.</p> <p>To understand the benefits of physical activity and exercise for physical and mental health and wellbeing.</p> <p>To recognise the positive and negative uses of drugs in society.</p>	<p>Understand the link between language and mental health stigma and develop strategies to challenge stigma and misconceptions associated with help-seeking and mental health concerns.</p> <p>To know the role of a balanced diet as part of a healthy lifestyle.</p> <p>To know about legal and illegal substances, including the short-term and long-term health risks associated with their use.</p>	<p>To know the causes and triggers for unhealthy coping strategies, such as self-harm and eating disorders, and the need to seek help for themselves or others as soon as possible</p> <p>To understand the laws on drugs and the impacts on addiction.</p> <p>To know the law relating to the supply, use and misuse of legal and illegal substances.</p>	<p>To understand the characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect mental health.</p> <p>To understand why it is important to know how to self-examine for testicular and breast cancer.</p> <p>To understand the wider risks of illegal substance use.</p> <p>To identify, manage and seek help for unhealthy behaviours, habits and addictions.</p>	<p>To know the characteristics of poor mental and emotional health.</p> <p>To develop empathy and understanding about how daily actions can affect mental health.</p> <p>To understand why it is important to know how to self-examine for testicular and breast cancer.</p> <p>To understand the wider risks of illegal substance use.</p> <p>To identify, manage and seek help for unhealthy behaviours, habits and addictions.</p>
Living in the Wider World	<p>To discuss and develop study, organisational, research and presentation skills.</p> <p>To know the skills and attributes that employers value.</p> <p>To understand the importance and benefits of being a lifelong learner.</p> <p>To know about different types and patterns of work.</p>			<p>To discuss and develop study and employability skills.</p> <p>To identify personal strengths, areas for development and goal setting.</p> <p>To know how strengths, interests, skills and qualities relate to careers.</p> <p>To know about a range of opportunities for career progression, including in education, training and employment.</p>	

	<p>To know young people's employment rights and responsibilities.</p> <p>To explore ways of managing emotions in relation to future employment.</p>			<p><u>Y10 only</u></p> <p>To challenge stereotypes about career pathways, high aspirations and embracing opportunities.</p> <p>To be aware of labour market information.</p> <p>To understand employment sectors.</p>	<p><u>Y11 only</u></p> <p>To gain information, advice and guidance on next steps and careers.</p> <p>To know how to access appropriate pathways support and opportunities.</p>
British Values	<p>What British Values are, why they are important and how they relate to our school values.</p>	<p>What British Values are, why they are important and how they relate to our school values.</p>	<p>What British Values are, why they are important and how they relate to our school values.</p>	<p>What British Values are, why they are important and how they relate to our school values.</p>	<p>What British Values are, why they are important and how they relate to our school values.</p>
Citizenship	<p>To understand what citizenship is and what it means to be an active citizen.</p> <p>To understand the role of citizens in the U.K. including how elections work.</p> <p>To understand the role of parliament and the monarch.</p> <p>To understand how young people can be involved in local decision making.</p>	<p>To understand the operation of Parliament.</p> <p>To understand the voting and elections system.</p> <p>To understand the role of the political parties in the U.K.</p>	<p>To understand the nature of rules and laws and the justice system.</p> <p>To describe the role of the police and the operation of courts and tribunals.</p> <p>To recognise the liberties enjoyed by the citizens of the United Kingdom.</p>	<p>To understand parliamentary democracy and the key elements of the constitution of the U.K.</p> <p>To understand different roles of the executive, legislature and judiciary and a free press.</p> <p>To understand different electoral systems used in and beyond the United Kingdom.</p> <p>To identify actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond.</p> <p>To understand human rights and international law.</p>	<p>To understand parliamentary democracy and the key elements of the constitution of the U.K.</p> <p>To understand different roles of the executive, legislature and judiciary and a free press.</p> <p>To understand different electoral systems used in and beyond the United Kingdom.</p> <p>To identify actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond.</p> <p>To understand human rights and international law.</p>