

TfL Curriculum

Throughout the year, through TfL lessons, the SPARK tutor programme, and additional events and encounters, students will continue to develop their knowledge, awareness and understanding of issues around relationships, sex education and keeping healthy; Citizenship; and British Values.

TfL lessons are taught each week in Year 7, and fortnightly in Years 8-10.

Lessons are planned to follow the topics but are subject to change. For further information, please see the full TfL curriculum outline (available on the school website) or contact the school through the enquiry email address.

YEAR 7		
1. Who am I?	2. Kindness	3. Emotions
4. Mental Health	5. Bullying and Discrimination	6. Respect
7. Check-Up	8. Healthy Relationships	9. Values and Trust
10. Peer Pressure	11. Harmful Behaviours	12. Consent
13. Leadership	14. Check-Up	15. Healthy Diet
16. Staying Active	17. Puberty	18. Periods
19. Vaping and Smoking	20. Illegal Drugs and Alcohol	21. Safety out and about
22. First Aid	23. Check-Up	24. Assessment
25. Government	26. Democracy	27. Money and Budgeting (Part I)
28. Money and Budgeting (Part II)	29. Social Media	30. Online Safety
31. Resilience and managing anxiety	32. Extremism	33. Healthy Debate

YEAR 8

1. Change, Resilience and Mental Health	2. Changing Brains	3. Bullying
4. Maintaining Good Relationships	5. Healthy Relationships	6. Consent
7. Risks of unprotected sex	8. Your health	9. Drugs
10. Gambling	11. Dangerous Behaviour	12. Online safety
13. AI	14. Money and risk	15. British Values
16. Rules and Laws	17. Community	18. International Law

YEAR 9

1. Respecting Others	2. Mental Health	3. Staying Healthy
4. Balanced Diet	5. Healthy Relationships	6. Abusive Relationships
7. Consent	8. Making Decisions about Sex	9. Relationships and the Media
10. Social Media and Wellbeing	11. Your data and Images	12. Online Financial Harm
13. Drugs	14. Gangs and Violence	15. Using Money
16. Attitudes to Money	17. UK Government	18. Making Decisions

YEAR 10

1. Mental Health	2. Positive Relationships (Part 1)	3. Positive Relationships (Part 2)
4. Boundaries and Consent	5. Harmful Relationships	6. FGM/ Violence
7. Inclusion, Bullying and Discrimination	8. Misogyny	9. Reproductive Health and Fertility
10. Contraception	11. Healthy Lifestyles	12. Keeping Well including First Aid
13. Drugs	14. Personal Safety	15. Online Health
16. Online Harms	17. Money	18. Extremism and Radicalisation

